Jeffrey S. Nugent, MD Maria R. Reyes, MD Shelli-Marie Nelson, APRN Cynthia Repella, APRN Kelly Tran, APRN Deborah Baker, APRN



8610 Technology Way Reno, NV 89521*3086 Silver Sage Drive Carson City, NV 89701775-826-4900FAX 826-3257•www.nevallergy.com

Hello,

Thank you for scheduling your initial office visit with our practice. See below for required check in times:

- Dr Jeffrey Nugent Please check in **15 minutes** prior to your appointment time
- Dr Maria Reyes Please check in **30 minutes** prior to your appointment time
- Shelli Marie Nelson, APRN Please check in **15 minutes** prior to your appointment time
- Cynthia Repella, APRN Please check in **15 minutes** prior to your appointment time
- □ Kelly Tran, APRN Please check in 15 minutes prior to your appointment time
- Deborah Baker, APRN Please check in **15 minutes** prior to your appointment time

In addition to the enclosed paperwork, you will receive a text and/or email three business days prior to your appointment. In this text/email, there will be a link to complete the required virtual registration. Please complete <u>both the enclosed</u> <u>paperwork AND virtual registration</u> prior to checking in for your appointment. If one or more component is not complete at the time of check in, we will need to reschedule your appointment.

Because we are a specialist, we ask that you call your insurance before arriving for your appointment to check your benefits for allergy testing and treatment.

We may be able to perform allergy testing at this appointment depending on time allowed in our schedule and your insurance coverage. In order to be prepared for this possible testing, please refrain from taking any medication containing an antihistamine for five (5) days prior to your appointment.

Please do not hesitate to call if you have any questions. We are looking forward to seeing you!

Sincerely yours,

Northern Nevada Allergy Staff



Jeffrey S. Nugent, MD Maria R. Reyes, MD Shelli-Marie Nelson, APRN Cynthia Repella, APRN Kelly Tran, APRN Deborah Baker. APRN



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Date:
Date of Birth:
City of Residence:
Relationship to patient
vider above D Other:
asal, eye, skin, etc) conditions: ffectiveness:

ALL other medications, or herbal supplements taken for ANY OTHER CONDITIONS: (include over-the-counter / as needed):

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Symptoms and Contributory History

NOSE AND SINUSES:	None	Mild	Moderate	Severe	Remarks:
Itchy nose					
Rubbing the nose					
Sneezing					
Stuffy nose / nasal congestion					
Runny or drippy nose					
Drainage into throat					
Thick or thin?					
Frequent throat clearing					
Sleeping with mouth open					
Snoring					
Decreased sense of smell					
Rate your sense of smell from 0-10: (0) being no	ne. and 10	being norm	al):	out of 10
Facial pressure or pain					
Headache					
Itchy / scratchy throat					
Lump or "frog" in throat					
Thick green or yellow nasal mucus					
Hoarseness					
Loss of voice					
History of broken nose / nasal trauma?	_	No			
Recurrent sinus infections?		No			
		INU		105	
Frequency: CT (cat scan) of the sinuses?		No		Vas	
Ever told you have Nasal Polyps?		No			
CT (cat scan) of the sinuses?		No			
Have you been evaluated previously by		No		res	
an ENT (Ear, Nose, Throat) Doctor? Who?					
Details					
Last seen:		N.		Vaa	
Previous nasal or sinus surgery? Details:		No		res	
		NI.		7	
Tonsils or adenoids removed?		No		res	Which/ when:
EYES:					
Itchy eyes or rubbing of eyes					
Burning eyes					
Watery eyes					
Red / Bloodshot eyes					
Swelling around eyes					
Darkness under eyes					
Eyelids stick together					
DO YOU WEAR CONTACTS:		No		Yes	
Last eye exam:					
Ophthalmologist?					
EARS:					
Itching of ear canals or outer ear					
Ear stuffiness, fullness or pressure					
Ear popping or clicking					
Difficulty "clearing ears"					
Decreased hearing acuity					
Dizziness / Vertigo					
Ear infections? Frequency, details:					
Ear surgery or tubes? When, details:					
La surgery or tubes? when, details:					

LUNGS / BREATHING:	None	Mild	Moderate	Severe	Remarks:
Cough					
Wheezing					
Shortness of breath					
Chest Tightness					
Are these symptoms CONTINUOUS	Con	tinuous	🗆 Ep	isodes	
Or do they occur in EPISODES?			_		
Do the above symptoms limit your		No		Yes	How often:
activity level?					
Do these symptoms wake you at night?					How often:
Have you been diagnosed with asthma?					
Have you been diagnosed with COPD,		No		Yes	
emphysema, or chronic bronchitis?					
Are you currently using any inhalers or		No		Yes	
nebulizers to help you breathe easier?					
Have you used any inhalers in the past?					
Have you been given oral steroids for breathing symptoms (ie Prednisone, Medrol)		No		Yes	How often:
					Last given:
Have you required Emergency Room care for breathing symptoms?		No		Yes	How often:
		NT			Last ER visit:
Have you been hospitalized for		NO		Yes	How often:
breathing symptoms?		Na		Vaa	Last Hospitalized: Details:
Have you had any pulmonary function (breathing) testing?		INO		res	Details:
Have you ever had a Chest Xray?		No		Vac	
Last done:	Find			105	
		U			
SKIN / RASHES	None	Mild	Moderate	Severe	Remarks:
Hives (red, raised, itchy blotches)					
Swelling of the skin					
Eczema / Atopic dermatitis					
Contact dermatitis					
Itching WITHOUT any rash					
Other rash / not sure					
Does it itch?					
Does it burn or hurt?					
Are there bumps?					
Are there blisters?			<u> </u>		
How long has it been present	days		eeks	_ months	
Is this a CONTINUOUS rash or	□ Cont	inuous	🗆 Ep	isodes	
does it come and go in EPISODES?	1				
How long to individual lesions last? Where does the rash START?	hour	s c	lays	weeks	
What body part(s) are affected?					
Do any of the following make the rash worse:					
Dry Skin?		No		Ves	
Heat (ie hot tubs, heaters)?					
Exercise?					
Cold?					
Foods?					List:
Any relation to meals?					LASt.
Medications?					
Other triggers you suspect:		110		100	
Sher inggers you suspeet.					

Have you seen any other			Who?
dermatologist or allergist for this?	□ No	□ Yes	Last seen?
If Yes- what evaluation was done?			
What treatments have you tried?			
Antihistamines- less sedating: (Claritin, zyr		Effectiveness:	
Antihistamines- sedating: (benadryl, atarax/	Effectiveness:		
☐ Topical Steroids (triamcinolone, mometasor	ne, etc)		
Protopic ointment or Elidel cream		Effectiveness:	
□ Other: list:		Effectiveness:	
			~
Have you received <u>oral</u> steroids	□ No	□ Yes	Response:
(ie Prednisone or medrol) for this?			Last taken:
			Number of times taken:
Have you received a steroid <u>shot</u>	□ No	□ Yes	Response:
(ie kenalog, depo-medrol) for this?			Last taken:
			Number of times taken:
Other information you feel is relevant:			
FOOD ALLERGIES:			Remarks:
Do you have any known or suspected	□ No	□ Yes	If YES, list the foods, and the reactions
food allergies:			below:
FOOD #1:			below.
Reaction:			
How treated:			
Eaten since?			
FOOD #2:			
Reaction:			
How treated:			
Eaten since?			
FOOD #3:			
Reaction:			
How treated:			
Eaten since?			
Avoiding any foods in your diet now?	□ No	□ Yes	Which ones:
	_ 110	_ 105	
Do you have an EPIPEN or TWINJECT	□ No	□ Yes	
(auto-injectable epinephrine device)?			
STINGING INSECT ALLERGY:			
Do you have any known or suspected	□ No	□ Yes	If YES, list the reactions below:
allergies to stinging insects			
(ie bees/ wasps / yellow jackets?):			
How long ago were you stung?			
What stung you (if known?):			
Where were you stung?			
Reaction / Treatment:			
Were you ever allergy tested for this?			
Other relevant information?			
Do you have an EPIPEN or TWINJECT	□ No	□ Yes	
(auto-injectable epinephrine device)?			

TRIGGERS: Which of the following make your symptoms worse? Mark all that apply

	Nasal, Ear, or Eye	Breathing symptoms	Skin symptoms	Remarks:
	symptoms	symptoms	symptoms	
Worse indoors				
Worse outdoors				
Grass				
leaves / mulch / compost / hay				
Cats				
Dogs				
Other animals (specify)				
Upper respiratory infections				
Tobacco smoke				
Strong odors or perfumes				
Chemical vapors or aerosol sprays				
Dust				
Weather changes / humidity changes				
Cold air				
Stress or strong emotions				
Exercise				
Sunlight or sun exposure				
Alcohol ingestion				
Cosmetics- specify:				
Foods- specify:				
Relation to menstrual cycle				
Taking NSAID medications such as Motrin				
Have you taken any of these before? How often / last taken:				
Other triggers : (specify)				
Seasons: Spring				
Summer				
Fall				
Winter				
ALL YEAR				
Have you been previously tested for allerg If YES: Year City	jies?	Doctor		
 Skin tested for environmental allergies Blood tested for environmental allergies 				
Skin tested for food allergiesBlood tested for food allergies	(Findings): (Findings):			
□ Patch tested for contact dermatitis	(Findings):			
Have you been on allergy shots? If YES: When were you started on shots? How long were you on shots? Last received? Did they Did you have any reactions to the sl				

SMOKING HISTORY:

 In the past, but I quit → # years smoked:
 # packs per day _____
 When did you quit? _____

 I Currently Smoke:
 → # years smoked:
 # packs per day _____

ALCOHOLIC BEVERAGE HABITS:

HOUSING / ENVIRONMENT: Check the things that are true about your home:

	Type of Building:		Heating and Cooling:		Your BEDROOM:
	Single family home		Radiators		Carpeted
	Apartment/ condo/ dormitory		Central forced heating		Hard floor (wood, tile, etc)
	Mobile home		A/C- central forced air		Curtains
	Farm / Ranch		A/C- window unit(s)		Feather or down comforter
	Mainly wall-to-wall carpet		Humidifiers used		Have dust mite-proof covers on pillows
	Mainly hard-surface flooring		DE-humidifiers used		Have dust mite-proof covers on mattress
Num Baser Num	long have you lived there? ber of stories: ment? ber of occupants: smokers?	Who	o? Does	their	smoking affect your symptoms?
PETS	S:				
Туре	(cat, dog, bird, etc) Number	How	long present: indoors / ou	ıtdooi	s Any symptoms caused by close contact?
			<u></u>		
occ	UPATIONAL INFLUENCES	: (do	any occupational influences	/ expo	osures impact your symptoms? Describe:

ACTIVITIES: Describe your hobbies / social / athletic activities:

Do any of these cause an increase in your symptoms?

GEOGRAPHIC HISTORY: Please list localities, where you have lived, how long you lived there, and relation to symptoms

City, State

tate Duration Remarks about allergy symptoms:

FAMILY HISTORY:

Father	□ Alive	□ Deceased	Unknown	Age/cause of death:
Mother	□ Alive	□ Deceased	Unknown	Age/cause of death:
Brothers (#)	□ Alive	□ Deceased	Unknown	Age(s) /cause(s) of death:
Sisters (#)	□ Alive	□ Deceased	Unknown	Age(s) /cause(s) of death:

Do you have family members (blood relatives) with:] Mother] Father] Brother	Sister] Son	Daughter	Grand- parent	
Asthma								
COPD / Emphysema								
Nasal Allergies								
Chronic Sinusitis or Nasal Polyps								
Cystic Fibrosis								
Migraines								
Food Allergy								
Eczema or Atopic Dermatitis								
Recurrent Hives / Swelling								
Immune Deficiency								
Other:								

PAST MEDICAL HISTORY: List other medical problems / issues you have (ie high blood pressure, back pain, etc):

PAST SURGICAL HISTORY: List any surgery or hospitalizations you have had:

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ADDITIONAL REVIEW OF SYSTEMS: (check all that apply)

Conditions	Details if Yes:	Symptoms	Details if Yes:
Head trauma		Fever	
Heart disease / angina		Severe fatigue	
Irregular heart rate / rhythm		Depression / Anxiety	
Heart murmur		Vision Change	
High blood pressure		Muscle Ache	
High cholesterol		Joint Pain	
Ulcer / Gastritis		Bowel Habit Changes	
Esophageal reflux		Abdominal Pain	
Chronic diarrhea		Vomiting	
Hepatitis		Painful Urination	
Bladder infections		Lymph node swelling	
Kidney / renal disease		Night Sweats	
Arthritis		Easy Bruising / Bleeding	
Other bone / joint problems		Passing out	
Osteoporosis		Heat / Cold intolerance	
Diabetes / blood sugar		Unintentional weight gain/loss	
Thyroid condition		Numbness/ weakness	
Stroke		Other Pain	