

8610 Technology Way Reno, NV 89521 * 3086 Silver Sage Drive Carson City, NV 89701 775-826-4900 • FAX 826-3257 • www.nevallergy.com

Hello,

Thank you for scheduling your initial office visit with us. We ask that you check in 15 minutes prior to your appointment time.

Please allow yourself plenty of time to carefully complete our Allergy History Questionnaire.

Please plan on arriving on time for your appointment. If you arrive late or have not completed your questionnaire, we will need to reschedule your appointment.

Because we are a specialist, we ask that you call your insurance before arriving for your appointment in order to check your benefits for allergy testing and treatment.

We may be able to perform allergy testing at this appointment depending on time allowed in our schedule and your insurance coverage. In order to be prepared for this possible testing, please refrain from taking any medication containing an antihistamine for five (5) days prior to your appointment.

Please don't hesitate to call me if you have any questions or if I can help in any way. We are looking forward to seeing you.

Sincerely yours,

Northern Nevada Allergy Staff



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Welcome to Northern Nevada Allergy

In an effort to serve you better, it is important that you understand that it is your responsibility:

- to know your insurance,
- to know if Northern Nevada Allergy is a contracted provider for your insurance,
- to know if you need **prior authorization** for procedures or office visits,
- to know if procedures such as allergy injections, allergy skin testing, etc. are covered under your insurance,
- to know if you have a **copayment** and/or **yearly deductible**,
- to know how much of your deductible has been met.

There are hundreds of insurance companies and plans within those companies, and it is not possible for our staff to know the specific requirements of each policy.

Please help us better serve you.

Patient's Name (Please print)

Signature of patient/legal guardian

Date



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INFORMED CONSENT TO DIAGNOSE AND TREAT

ALL FORMS OF MEDICAL TREATMENT CARRY RISKS OF POSSIBLE SIDE EFFECTS, INCLUDING BODILY HARM OR EVEN DEATH. RISKS ASSOCIATED WITH ALLERGY DIAGNOSIS AND TREATMENT ARE DECREASED WHEN THE PROCEDURES ARE DONE BY EXPERIENCED PERSONNEL UNDER THE GENERAL SUPERVISION OF AN ALLERGIST, RISKS ARE INCREASED WHEN UNSUPERVISED ADMINISTRATION OF VACCINES AND/OR INCORRECT OR EXCESSIVE USE OF MEDICATIONS ARE UNDERTAKEN. WITHOUT TREATMENT, ALLERGIES THEMSELVES HAVE THE POTENTIAL TO CAUSE EQUALLY SEVERE REACTIONS.

I, THE UNDERSIGNED PATIENT (OR PARENT/GUARDIAN OF A PATIENT WHO IS A MINOR OR UNABLE TO GIVE LEGAL CONSENT), HAVE READ THE ABOVE AND UNDERSTAND IT. I DO HEREBY AUTHORIZE ANY DIAGNOSTIC PROCEDURE, INCLUDING, BUT NOT LIMITED TO, HISTORY TAKING, PHYSICAL EXAMINATIONS, LABORATORY TESTS, ALLERGY SKIN TESTING, PULMONARY FUNCTION TESTING, NASAL AND PHARYNGEAL ENDOSCOPY, AND EAR FUNCTION TESTING; AND ANY MEDICAL TREATMENT INCLUDING, BUT NOT LIMITED TO, ALLERGEN IMMUNOTHERAPY VACCINE ADMINISTRATION, MEDICATIONS, DIETARY RESTRICTIONS, AND EMERGENCY TREATMENT DEEMED ADVISABLE BY JEFFREY S. NUGENT, M.D. OR MARIA R. REYES, M.D., WHETHER DIRECTLY ADVISED AND/OR RENDERED BY DOCTOR NUGENT, DOCTOR REYES OR BY OTHER QUALIFIED OFFICE STAFF UNDER THEIR GENERAL SUPERVISION.

Patient's Name (please print)

Signature of Patient (or Legal Guardian)

Date

Witness

Date



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FINANCIAL POLICY

Thank you for choosing Northern Nevada Allergy to participate in your medical care. In an effort to provide you with a full understanding of your financial obligations, an important aspect of your medical care, we have developed the following policies:

All patients are financially responsible for services provided by Northern Nevada Allergy Clinic (NNA).

- NNA requires that you provide a copy of your current insurance card and photo ID at every visit.
- It is the patient's responsibility to know their insurance policies, terms, conditions and limitations.
- As a requirement of both NNA and your insurance company, co-payments are due at the time of service. If you are unable to make your co-payment, you will be assessed a \$25 processing fee.
- Payment of co-insurance or any charges not covered by your plan is required at the time of service.
- Medicare recipients are expected to update the National File with any changes by calling 1-800-MEDICARE.
- Payment is required in full at the time of service from uninsured patients unless arrangements have been made in advance.
- If previous arrangements have not been made, any account balance over 90 days will be turned over to a collection agency.
- A fee of \$25 will be charged to you for returned checks, plus any bank fees incurred.

<u>Appointments</u>

- A \$35 fee will be assessed for your second non-testing appointment canceled without 24 hours notice.
- Patients who accumulate a total of three "No Shows" in a calendar year may be terminated from the practice.
- For all testing procedures lasting four hours and longer, we require a \$50 deposit to hold your appointment block. We require 48 hours cancellation for all testing appointments; failure to give 48 hours notice will result in the forfeiting of your \$50 deposit.

Referrals/Authorizations

• It is the patient's responsibility to ensure that any referrals or authorizations for treatment are provided to the office prior to your appointment. If the authorization or referral is not obtained prior to your visit, you will be expected to pay for all charges at the time of your visit.

Our practice firmly believes that a good physician/patient relationship is based upon understanding and good communication. Questions about our Financial Policy should be directed to the front desk personnel.

I have read and understand the Financial Policy and agree to comply and accept responsibility for services provided by Northern Nevada Allergy.

Signature of financially responsible party

Date

Printed Name



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CONSENT TO USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

Use and Disclosure of your protected Health Information

Your protected health information will be used by Northern Nevada Allergy Clinic or disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of the practice.

Notice of Privacy Practices

You should review the Notice of Privacy Practices for a more complete description of how your protected health information may be used or disclosed. You may review the notice prior to signing this consent.

Requesting a Restriction on the Use or Disclosure of Your Information

You may request a restriction on the use or disclosure of your protected health information.

Northern Nevada Allergy Clinic may or may not agree to restrict the use of disclosure of your protected health information.

If Northern Nevada Allergy Clinic agrees to your request, the restriction will be binding on the practice. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the Federal Privacy standards.

Revocation of Consent

You may revoke this consent to the use and disclosure of your protected health information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

Reservation of Right to change Privacy Practices

Northern Nevada Allergy Clinic reserves the right to modify the privacy practices outlined in the notice.

Signature

I have reviewed this consent form and the Notice of Privacy Practice (if requested) for Northern Nevada Allergy Clinic. I give my permission to use and disclose my health information in accordance with it.

Person(s) to have access to my notes, etc.

Name of Patient (Please print)

Signature of patient/guardian

Date

WELCOME TO NORTHERN NEVADA ALLERGY CLINIC, LTD. *<u>THE FOLLOWING INFORMATION IS NECESSARY FOR BILLING AND COLLECTION</u>* *<u>THIS FORM NEEDS TO BE UPDATED ANNUALLY</u>*

FIRST NAME	MILAST I	NAME	
DOBSS	N	GEND	$ER : \Box MALE \Box FEMALE$
MAILING ADDRESS			
CITY, STATE	ZI	p	
		messag medica	re leave a detailed ge regarding your al care / treatment number?
HOME PHONE		\Box YES	\square NO
CELL PHONE		□ YES	
WORK PHONE		_ YES	
E-MAIL		-	
EMPLOYER	OCC	UPATION	
EMPLOYER PHONE		_	
MARITAL STATUS: SINGLE MARRIED DIVORCED SEPARATED WIDOW(ER) DOMESTIC PARTNER	RACE (REQUIRED): AMERICAN INDIAN OI ALASKA NATIVE ASIAN BLACK OR AFRICAN A NATIVE HAWAIIAN OI OTHER PACIFIC ISLAND WHITE REFUSE TO REPORT	MERICAN R	ETHNICITY (REQUIRED): HISPANIC OR LATINO NON HISPANIC OR LATINC REFUSE TO REPORT
EMERGENCY CONTACT		RE	LATIONSHIP
PHONE		DO	DB
PHARMACY INFORMATION PHARMACY OF CHOICE			
ADDRESS/LOCATION (e.g. N MCC			
MISCELLANEOUS INFORMATIO			

MEDICAL INSURANCE INFORMATION

PLEASE BE PREPARED TO SHOW YOUR INSURANCE CARD AND IDENTIFICATION AT EVERY OFFICE VISIT

PRIMARY INSURANCE COMPANY		
POLICYHOLDER'S NAME	DOB	SSN
POLICY/ID NUMBER	GROUP #	
PATIENT'S RELATIONSHIP TO POLICYHOLDER: SELF SPOUSE	□ CHILD □ OTHER	
SECONDARY INSURANCE COMPANY		
POLICYHOLDER'S NAME	DOB	SSN
POLICY/ID NUMBER	GROUP #	
PATIENT'S RELATIONSHIP TO POLICYHOLDER: SELF SPOUSE	□ CHILD □ OTHER	
The above information is true to the best of my knowledge. I authorize No insurance carriers concerning my medical condition/treatment, etc. in ord		
PATIENT NAME (PLEASE PRINT)		-

PATIENT/LEGAL GUARDIAN SIGNATURE

DATE



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Date of Birth: City of Residence:
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Relationship to patient
Relationship to patient
ye, skin, etc) conditions: eness:

ALL other medications, or herbal supplements taken for ANY OTHER CONDITIONS: (include over-the-counter / as needed):

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Symptoms and Contributory History

Symptoms and Contributory His NOSE AND SINUSES:	None	Mild	Moderate	Severe	Remarks:
Itchy nose					
Rubbing the nose					
Sneezing					
Stuffy nose / nasal congestion					
Runny or drippy nose					
Drainage into throat					
Thick or thin?					
Frequent throat clearing					
Sleeping with mouth open					
Snoring					
Decreased sense of smell					
Rate your sense of smell from 0-10: (out of 10
Facial pressure or pain				<u> </u>	
Headache					
Itchy / scratchy throat					
Lump or "frog" in throat					
Thick green or yellow nasal mucus					
Hoarseness					
Loss of voice					
			`		
History of broken nose / nasal trauma?					
Recurrent sinus infections?	<u> </u>	NO		res	
Frequency:	<u> </u>	N			
CT (cat scan) of the sinuses?	<u> </u>				
Ever told you have Nasal Polyps?		No			
CT (cat scan) of the sinuses?		No			
Have you been evaluated previously by		No	□ `	Yes	
an ENT (Ear, Nose, Throat) Doctor?					
Who?					
Details					
Last seen:					
Previous nasal or sinus surgery?		No	· 🗆	Yes	
Details:					
Tonsils or adenoids removed?		No		Yes	Which/ when:
EYES:					
Itchy eyes or rubbing of eyes					
Burning eyes					
Watery eyes					
Red / Bloodshot eyes					
Swelling around eyes					
Darkness under eyes					
Eyelids stick together					
DO YOU WEAR CONTACTS:		No	· 🗆	Yes	
Last eye exam:					
Ophthalmologist?					
EARS:				·	·
Itching of ear canals or outer ear					
Ear stuffiness, fullness or pressure					
Ear popping or clicking					
Difficulty "clearing ears"					
Difficulty clearing ears Decreased hearing acuity					
Dizziness / Vertigo					
1 3,					
Ear surgery or tubes? When, details:					

LUNGS / BREATHING:	None	Mild	Moderate	Severe	Remarks:
Cough					
Wheezing					
Shortness of breath					
Chest Tightness					
Are these symptoms CONTINUOUS	□ Cont	inuous	🗆 Ep	isodes	
Or do they occur in EPISODES?					
Do the above symptoms limit your		No		Yes	How often:
activity level?					
Do these symptoms wake you at night?		No		Yes	How often:
Have you been diagnosed with asthma?		No		Yes	
Have you been diagnosed with COPD,		No		Yes	
emphysema, or chronic bronchitis?					
Are you currently using any inhalers or		No		Yes	
nebulizers to help you breathe easier?					
Have you used any inhalers in the past?				Yes	
Have you been given oral steroids for		No		Yes	How often:
breathing symptoms (ie Prednisone, Medrol)					Last given:
Have you required Emergency Room care for		No		Yes	How often:
breathing symptoms?					Last ER visit:
Have you been hospitalized for		No		Yes	How often:
breathing symptoms?					Last Hospitalized:
Have you had any pulmonary function		No		Yes	Details:
(breathing) testing?					
Have you ever had a Chest Xray?				Yes	
Last done:	Findi	ngs:			
SKIN / RASHES	None	Mild	Moderate	Severe	Remarks:
Hives (red, raised, itchy blotches)					
Swelling of the skin					
Eczema / Atopic dermatitis					
Contact dermatitis					
Itching WITHOUT any rash					
Other rash / not sure					
Does it itch?		No		Yes	
Does it burn or hurt?					
Are there bumps?					
Are there blisters?					
How long has it been present	days		eeks	months	
Is this a CONTINUOUS rash or	\Box Cont		E Ep		
does it come and go in EPISODES?	_ 00m		—		
How long to individual lesions last?	hour	s č	lays	weeks	
Where does the rash START?					
What body part(s) are affected?					
Do any of the following make the rash					
worse:					
Dry Skin?		No		Yes	
Heat (ie hot tubs, heaters)?					
Exercise?					
Cold?					
Foods?					List:
Any relation to meals?					2151.
intration to mould.	<u>ц</u> ,	1.10			
Medications?		No		Ves	

Have you seen any other			Who?
dermatologist or allergist for this?	□ No	□ Yes	Last seen?
If Yes- what evaluation was done?			
What treatments have you tried?			
Antihistamines- less sedating: (Claritin, zy	vrtec allegra etc)	Effectiveness:	
\Box Antihistamines- less sedating: (Claritin, 2)		Effectiveness:	
□ Topical Steroids (triamcinolone, mometas		Effectiveness.	
 Protopic ointment or Elidel cream 	olle, etc)	Effectiveness:	
\Box Protopic ontinent of Ender cream		Effectiveness:	
		Effectiveness:	
House you reassived and starside	□ No	□ Yes	Response:
Have you received <u>oral</u> steroids (ie Prednisone or medrol) for this?			Last taken:
(le Fledinsone of mediof) for uns?			Number of times taken:
Have you received a steroid shot	□ No	□ Yes	Response:
(ie kenalog, depo-medrol) for this?			Last taken:
(ie kenalog, depo-incuror) for this:			Number of times taken:
Other information you feel is relevant:			Number of times taken.
Other miorination you reer is relevant.			
FOOD ALLERGIES:			Remarks:
Do you have any known or suspected	🗆 No	\Box Yes	If YES, list the foods, and the reactions
food allergies:			below:
FOOD #1:			
Reaction:			
How treated:			
Eaten since?			
FOOD #2:			
Reaction:			
How treated:			
Eaten since?			
FOOD #3:			
Reaction:			
How treated:			
Eaten since?			
Avoiding any foods in your diet now?	\Box No	□ Yes	Which ones:
Do you have an EPIPEN or TWINJECT	□ No	\Box Yes	
(auto-injectable epinephrine device)?			
CTINCING INCROT ALLEDON.	· · · · ·		
STINGING INSECT ALLERGY: Do you have any known or suspected	□ No	□ Yes	If YES, list the reactions below:
allergies to stinging insects			If TES, list the feactions below.
(ie bees/ wasps / yellow jackets?):			
How long ago were you stung?			
What stung you (if known?):			
What stung you (if known?). Where were you stung?			
Reaction / Treatment:			
Were you ever allergy tested for this? Other relevant information?			
Do you have an EPIPEN or TWINJECT	□ No	□ Yes	
(auto-injectable epinephrine device)?			
(auto-injectable epinepiirine device)?			

TRIGGERS: Which of the following make your symptoms worse? Mark all that apply

	Nasal, Ear, or Eye	Breathing symptoms	Skin symptoms	Remarks:
	symptoms			
Worse indoors				
Worse outdoors				
Grass				
leaves / mulch / compost / hay				
Cats				
Dogs				
Other animals (specify)				
Upper respiratory infections				
Tobacco smoke				
Strong odors or perfumes				
Chemical vapors or aerosol sprays				
Dust				
Weather changes / humidity changes				
Cold air				
Stress or strong emotions				
Exercise				
Sunlight or sun exposure				
Alcohol ingestion				
Cosmetics- specify:				
Foods- specify:				
Relation to menstrual cycle				
Taking NSAID medications such as M				
Have you taken any of these before? How often / last taken: Other triggers : (specify)				
outer anggers : (speeng)	_	_	—	
Seasons: Spring				
Summer				
Fall				
Winter				
ALL YEAR				
Have you been previously tested f If YES: Year City Skin tested for environmenta Blood tested for environment	l allergies: (Findings):	Doctor _		
□ Skin tested for food allergies	s (Findings):			
□ Blood tested for food allergie				
□ Patch tested for contact derm	atitis (Findings):			
Have you been on allergy shots? If YES: When were you started on How long were you on sho Last received? Did you have any reaction	ots? Did they help?			

SMOKING HISTORY:

In the past,but I quit	\rightarrow	# years smoked:	# packs per day	When did you quit?	
I Currently Smoke:	\rightarrow	# years smoked:	# packs per day		

ALCOHOLIC BEVERAGE HABITS:

HOUSING / ENVIRONMENT: Check the things that are true about your home:

	Type of Building:		Heating and Cooling:		Your BEDROOM:
	Single family home		Radiators		Carpeted
	Apartment/ condo/ dormitory		Central forced heating		Hard floor (wood, tile, etc)
	Mobile home		A/C- central forced air		Curtains
	Farm / Ranch		A/C- window unit(s)		Feather or down comforter
	Mainly wall-to-wall carpet		Humidifiers used		Have dust mite-proof covers on pillows
	Mainly hard-surface flooring		DE-humidifiers used		Have dust mite-proof covers on mattress
Hov Nur Bas Nur	oroximate age of home: v long have you lived there? nber of stories: ement? nber of occupants: v smokers?	WI	ho? Does	s thei	r smoking affect your symptoms?
РЕ Т Тур	FS: e (cat, dog, bird, etc) Number	Но	w long present: indoors / o	outdoo	ors Any symptoms caused by close contact?

OCCUPATIONAL INFLUENCES: (do any occupational influences / exposures impact your symptoms? Describe:

ACTIVITIES: Describe your hobbies / social / athletic activities:

Do any of these cause an increase in your symptoms?

GEOGRAPHIC HISTORY: Please list localities, where you have lived, how long you lived there, and relation to symptoms

FAMILY HISTORY:

Father	□ Alive	□ Deceased	Unknown	Age/cause of death:
Mother	□ Alive	□ Deceased	Unknown	Age/cause of death:
Brothers (#)	□ Alive	□ Deceased	Unknown	Age(s) /cause(s) of death:
Sisters (#)	□ Alive	□ Deceased	Unknown	Age(s) /cause(s) of death:

Do you have family members (blood relatives) with:	Mother	Father	Brother	Sister	Son	Daughter	Grand- parent	
Asthma								
COPD / Emphysema								
Nasal Allergies								
Chronic Sinusitis or Nasal Polyps								
Cystic Fibrosis								
Migraines								
Food Allergy								
Eczema or Atopic Dermatitis								
Recurrent Hives / Swelling								
Immune Deficiency								
Other:								

PAST MEDICAL HISTORY: List other medical problems / issues you have (ie high blood pressure, back pain, etc):

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PAST SURGICAL HISTORY: List any surgery or hospitalizations you have had:

ADDITIONAL REVIEW OF SYSTEMS: (check all that apply)

Conditions Details if Yes:		Symptoms		Details if Yes:	
	Head trauma			Fever	
	Heart disease / angina			Severe fatigue	
	Irregular heart rate / rhythm			Depression / Anxiety	
	Heart murmur			Vision Change	
	High blood pressure			Muscle Ache	
	High cholesterol			Joint Pain	
	Ulcer / Gastritis			Bowel Habit Changes	
	Esophageal reflux			Abdominal Pain	
	Chronic diarrhea			Vomiting	
	Hepatitis			Painful Urination	
	Bladder infections			Lymph node swelling	
	Kidney / renal disease			Night Sweats	
	Arthritis			Easy Bruising / Bleeding	
	Other bone / joint problems			Passing out	
	Osteoporosis			Heat / Cold intolerance	
	Diabetes / blood sugar			Unintentional weight gain/loss	
	Thyroid condition			Numbness/ weakness	
	Stroke			Other Pain	